HIV / AIDS
Disease Treatment Programme
Optipharm and One Health Managed Care –
Integrated HIV / AIDS Support and
Treatment Programme:

Our HIV / AIDS Support and Treatment Programme
was implemented to assist people living with HIV / AIDS to remain healthy and to live productive lives. This is done by providing quality HIV / AIDS Support services and Anti Retroviral Treatment.

The aim of the programme is to improve the quality of life of those affected. This is achieved by ensuring that the appropriate drugs are prescribed (according to the patient’s stage of disease). The medication process is carefully managed by One Health and dispensed and distributed by Optipharm. One Health Managed care is responsible for providing personal support to every enrolled person. This includes interaction with the patients treating Doctor.

Optipharm is a dispensary that dispenses and delivers medication door to door to the member’s nominated address on a monthly basis.

In order to obtain benefits for HIV / AIDS care, members need to register with One Health and Optipharm by enrolling on the HIV AIDS programme.

How do I enroll?

• Contact the One Health Client Care Centre at
086 090 0900 or (011) 251 9400.
• One Health / Optipharm will send you an
application form, which has to be completed by
you or your dependent and the treating doctor.
• The doctor will submit the completed application
form along with the results of the relevant blood
tests to One Health / Optipharm.
• Based on the information received, One Health
will evaluate the proposed treatment plan and
approve in conjunction with your medical
scheme.
• The One Health / Optipharm case manager will,
from this point onwards, keep in regular contact
with the patient.
• The case manager will provide assistance and
support, and will reinforce the importance of
using the medication correctly.

• 4-6 months after the start of the programme the
patient will have to have a repeat blood test to
establish his or her response to the drugs
prescribed.
• If the patient is responding to the treatment, the
selected medication regime will be continued.
• If the member is not responding adequately to
the treatment, the treatment will be reviewed
and changed, if necessary, in consultation with
the patient’s doctor.
• Any member that has been diagnosed with TB
or is receiving medication for TB should inform
One Health and their pharmacist at Optipharm.

Support:
The programme benefits include:

• Optimal treatment
• Regular pathology testing and consultations to
monitor progress of treatment
• Enhancing patient compliance
• Support to the enrolled person and to his/her family
• Patients who register on the HIV / AIDS programme
and who adhere to the treatment plan, will receive
the most appropriate care for their disease from
medical experts in the field.
• Receiving personal advice from qualified healthcare
personnel.

For more information or to enroll, please call our
Client Care Centre:

One Health / Optipharm Helpline: 086 090 0900 or
(011) 251 9400 (Mon – Fri: 8:00am 4:30pm)
After hours emergency number: 083 564 9878
Fax number: (011) 794 7202
194 Ridge road, Cussonia Park, Laser Park Ext 13,
Honeydew

e-mail: info@optipharm.co.za